

# Business English

kieszonkowy  
**poradnik**  
biznesowo-  
językowy

język angielski biznesowy



BODY LANGUAGE

# Business English

kieszonkowy **poradnik**  
biznesowo-językowy

## Business English Vocabulary Booster Body Language

Dear Readers,

Welcome to another part of BEM's series of language guides!  
It's with great pleasure that we present to you our list of  
vocabulary concerning non-verbal communication.

People's gestures often contain more information than meets the  
eye.

We sincerely hope that this issue will prove useful, enriching your  
English vocabulary concerning body language and encouraging  
you at the same time to acquaint yourself with English-language  
literature dedicated to non-verbal behaviours, which might be  
beneficial in your business relationships.

We wish you a satisfactory reading and cross our fingers for your  
success!

**Kieszonkowy poradnik biznesowo-językowy**

**Opracowanie:** Hanna Danielczak-Ziadi

**Colorful Media** ul. Lednicka 23, 60-413 Poznań

tel. 61 833 63 28, redakcja@business-english.com.pl

ZDJĘCIE NA OKŁADCE: DANA VALUJEVA

<b>to arch</b>	to form or cause to form the curved shape of an arch	<b>wygiąć, wyginać w łuk, pałąk</b>
<b>to beckon sb</b>	to make a gesture with the hand, arm, or head to encourage or instruct someone to approach or follow	<b>skinąć na kogoś</b>
<b>to beckon sb in</b>	to invite sb with a gesture of the hand or head to enter	<b>gestem zaprosić kogoś do środka</b>
<b>to bend</b>	to incline the body downwards from the vertical	<b>pochylać się, schylać się</b>
<b>to bite one's lips</b>	to use the teeth to cut one's lips, usually in sign of frustration or anxiety	<b>zagryzać wargi</b>
<b>to blink</b>	to shut and open the eyes quickly	<b>mrugać, mrugnąć</b>
<b>to blow</b>	to expel air through pursed lips	<b>dmuchać</b>
<b>to blow sb a kiss</b>	to send sb a kiss making a gesture with the hand	<b>wysłać komuś całusa (gestem)</b>
<b>to bow</b>	to bend the head or upper part of the body as a sign of respect, greeting or shame	<b>ukłonić się</b>

<b>to breathe in deeply/ take a deep breath</b>	to inhale fully	<b>oddychać głęboko/wziąć głęboki oddech</b>
<b>to bury one's head in one's shoulders/ bury one's face in one's hands</b>	to hide or try to hide something from sight	<b>kulić głowę w ramionach/ zakryć twarz dłońmi</b>
<b>to chatter (teeth)</b>	(of a person's teeth) to click repeatedly together from cold or fear	<b>dzwonić (zębami)</b>
<b>to chew</b>	to bite and work (esp. food) in the mouth with the teeth, especially to make it easier to swallow	<b>żuć (gumę), obgryzać (ołówkę)</b>
<b>to clasp one's hands</b>	to press one's hands together with the fingers interlaced	<b>spleść dłonie</b>
<b>to cringe (in terror)</b>	to bend one's head and body in fear or apprehension or in a servile manner	<b>kulić się z przerażenia</b>
<b>to cross one's legs</b>	to place one leg over the other while seated	<b>skrzyżować (nogi)</b>
<b>to crouch</b>	to adopt a position where the knees are bent and the upper body is brought forward and down	<b>kucać</b>